

Help Me Grow New York State



Long Island | Onondaga | Finger Lakes | Western NY | Oswego



How We Help New York’s Youngest Grow:

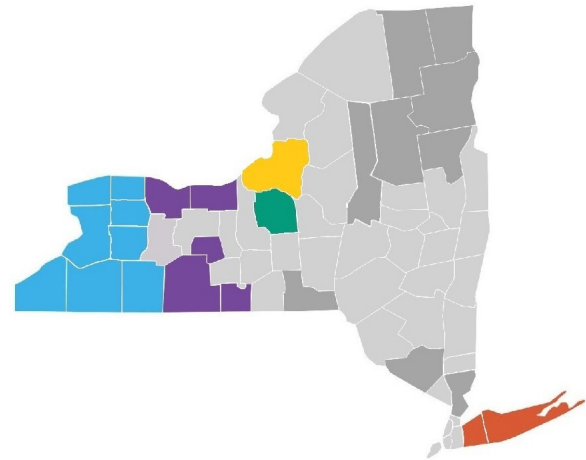
Based on a national model, Help Me Grow New York State builds on existing community resources to develop a comprehensive early childhood system in any community. Strong and efficient services for families with young children exist when we all work towards the same goals.

Currently, five New York Help Me Grow communities leverage collective impact to:

- Empower families
- Optimize childcare
- Galvanize partnerships
- Elevate pediatric care

Help Me Grow New York State’s Goals:

- **Make developmental and social emotional screening** universally available
- **Provide continuous support for families** to navigate and access essential services for their child’s development
- **Promote strong families** by increasing parents’ knowledge of child development, resilience in times of need, and capacity to be their child’s best advocate
- **Build a more efficient and effective system** of early childhood support so that at-risk children do not fall through the cracks



Help Me Grow NYS Current Reach

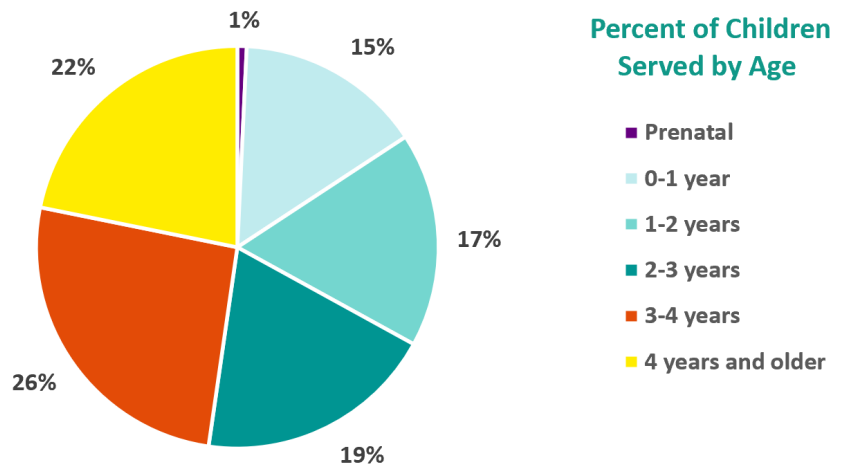
- Finger Lakes
- Long Island
- Onondaga
- Oswego (new in 2024)
- Western NY
- Communities Interested
- Communities without HMG

“Help Me Grow helped me in a time when no one else could. It was truly a lifesaver!”
- HMG Onondaga Parent

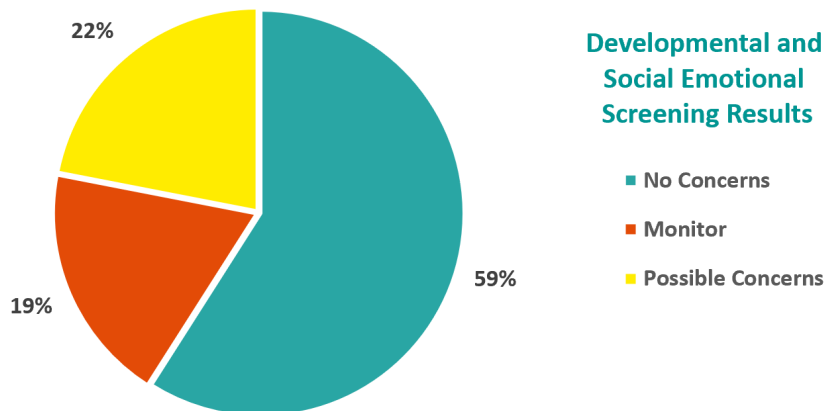
Help Me Grow New York State Impact 2023

Data collection is a core component of Help Me Grow. Each community collects and maintains data about the children they serve, the services available, the ability of families to access these services and the impact made at the community level. Together local data can be combined to understand the reach of Help Me Grow New York State and how we are moving towards our common goals. Below are examples of 2023 combined data based on four of the five existing Help Me Grow communities.

Total Number of Children Served in 2023: 11,872



Total Number of Screens Completed in 2023: 27,500



The HMG Model assists families and professionals in connecting young children to the grid of community resources, including Child and Health Care providers, to help them thrive.



There are **over 600** community partners that Help Me Grow NYS works with to provide support and services to Help Me Grow families.



For additional information on Help Me Grow New York State, visit our website at

<https://helpmegrownny.org/>

Or reach us at:

risa@docsfortots.org

"I have worked with GROW for years and it is my favorite program in the community..."

-Director of a child care program in Rochester