Stronger Together

Register Here

Saturday
October 18, 2025

8:00am-4:10PM

Long Island Marriott Hotel
101 James Doolittle Blvd.
Uniondale, NY 11553

IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 5.75 Interprofessional Continuing Education (IPCE) Credits for learning and change.

Course Directors

Elizabeth Isakson, MD, FAAP
Executive Director, Docs for Tots

David Fagan, MD, FAAP
Vice Chairman, Pediatric Ambulatory Administration
Department of Pediatrics
Cohen Children's Medical Center
Assistant Professor, Pediatrics
Zucker School of Medicine

Keynote Speaker

Dina Lieser, MD, FAAP
Former Senior Advisor for Early Childhood Systems Strategy, HRSA Maternal & Child Health Bureau

Docs FOR TOTS

healthfirst

DONALD AND BARBARA ZUCKER SCHOOL of MEDICINE AT HOFSTRA/NORTHWELL

Northwell Health®

Stronger Together: A New York Summit Centering Children, Families & Futures

Help Me Grow New York State Summit

Saturday, October 18, 2025 | 8:00AM-4:10PM EDT

Long Island Marriott Hotel – 101 James Doolittle Boulevard, Uniondale, NY 11553

Program Agenda

8:00**am** **Registration/Breakfast**

8:45**am** **Welcome**
Jacob Dixon, MS
Elizabeth Isakson, MD, FAAP

9:00**am** **Keynote: Connecting the Dots: Cross-Sector Collaboration for Early Childhood Well-Being**
Dina Lieser, MD, FAAP

10:00**am** **Break**

10:15**am** **Early Childhood Care Continuum: Lessons from Health and Human Services' Early Childhood Developmental Health Systems (ECDHS) Implementation for New York State**
Dina Lieser, MD, FAAP
Melissa Passarelli, MA

11:00**am** **Breaking Down Silos: Help Me Grow and Your Practice – Facilitate Community Resources Referral and Coordination in Early Childhood**
Elizabeth Isakson, MD, FAAP
Diana McGee

11:45**am** **Networking Lunch**

12:45**pm** **Enhancing Pediatric and Child Care Partnerships to Promote Health and Safety in Childcare Settings**
Kristina LaCov, LMSW
Helene Aronson, RN
Kristen Barrabi, RN, BSN
Oluwapelumi Soyemi, MPH

1:30pm **Incorporating Parent Voice and Perspective into Early Childhood Health Continuum**
Jenica O'Malley, DO

2:15**pm** **Break**

2:30**pm** **Autism 1 in 31: What it Means for Your Practice and Families in Your Care**
Romina Barros, MD, FAAP
Rob Lee, DO, FAAP

3:15**pm** **3 Innovative Models to Enhance Early Childhood Promotion in Your Practice: Reach Out and Read, PlayReadVIP, Healthy Steps**
Alan Mendelsohn, MD, FAAP
Geri Galotti, MD, FAAP

4:00**pm** **Closing Remarks**
Elizabeth Isakson, MD, FAAP

4:10pm **Adjourn**

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Statement of Need: Pediatric healthcare teams in New York face critical gaps in early childhood developmental care including underuse of validated developmental screening tools, challenges connecting children to appropriate referrals, and missed opportunities to promote resilience through evidence based clinical and community interventions. These issues are exacerbated by racial, economic and language disparities with low-income and minority families significantly less likely to be screened, referred, or experience developmental promotional activities in pediatric care. Participating physicians will strengthen early childhood systems by championing AAP screening through CQI, implementing developmental promotion models such as ROR, PlayReadVIP, or HealthySteps and fostering partnerships with community supports beyond healthcare, including childcare and mental health consultants, to improve identification, referral and family resilience.

Program Objectives: All Northwell Health CME activities are intended to improve patient care, safety, and outcomes. At the conclusion of this conference participants should be able to:

- **DESCRIBE** The Early Childhood Health Care Continuum and its role in advancing (promoting) whole child and family health by the healthcare team
- **IDENTIFY** at least three evidence-based models that can be integrated into primary care to support early childhood health and development
- **UTILIZE** resources available in New York State to support implementation of Early Childhood health care continuum

Target Audience: This activity was planned by and for MDs. Other members of the healthcare team, including fellows, residents and medical students in the fields of Pediatrics are invited to attend.

Joint Accreditation Statement:
In support of improving patient care, this activity has been planned and implemented by Northwell Health, Docs For Tots and Healthfirst. Northwell Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.

JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

Credit Designation Statements:

Physicians: Northwell Health designates this live activity for a maximum of *5.75 AMA PRA Category 1 Credits™*. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Verification of Attendance: This will be provided to all attendees.

Location: Long Island Marriott Hotel
101 James Doolittle Boulevard
Uniondale, NY 11553

Course Offering and Registration Fees:
□ **No Charge** Physicians, Residents, Fellows, and Medical Students with ID

Registration Fee Includes: Breakfast, lunch, course materials, CME/Verification of attendance certificate, and parking

Disclosure Policy: Northwell Health adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME-CE activity, including faculty, planners, reviewers, or others, are required to disclose all financial relationships with ineligible companies. All relevant financial relationships have been mitigated prior to the commencement of the activity.

Americans With Disabilities Act: This conference is in compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend this conference and require special needs or accommodations, **please contact Pelumi Soyemi at pelumi@docsfortots.org**

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Program Faculty

Alan Mendelsohn, MD, FAAP
Division Director, Developmental Behavioral Pediatrics
Professor, Pediatrics
Professor, Population Health
NYU Grossman School of Medicine

Dina Lieser, MD, FAAP
Former Senior Advisor for Early Childhood Systems Strategy, HRSA Maternal & Child Health Bureau

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Assistant Professor, Pediatrics
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Robert Lee, DO, FAAP
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Assistant Professor, Pediatrics
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Clinical Assistant Professor, Pediatrics
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Harmony Healthcare LI

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Founder and Chief Executive Officer
Choice for All
Adjunct Professor
Bank Street College of Education

Melissa Passarelli, MA
Associate Director of Implementation & Systems
Help Me Grow National
Office for Community Child Health
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Kristina LaCov, LMSW
Infant Early Childhood Mental Health Regional Manager
Child Care Council of Suffolk, Inc.

Kristen Barrabi, RN, BSN
Health Care Consultant & MAT Trainer
Child Care Council of Suffolk, Inc.

Helene Aronson, RN
Health Care Consultant & MAT Trainer
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Diana McGee
Help Me Grow Long Island Program Manager,
Docs for Tots

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Conference Planning Committee

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Risa Jaslow, MS, RDN
Suanne Kowal-Connelly, MD, FAAP
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Conference Coordinated by

Docs For Tots
Elizabeth Isakson, MD FAAP
Risa Jaslow MS RDN
Oluwapelumi Soyemi, MPH

ACKNOWLEDGEMENTS

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